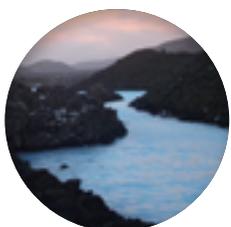




THE NIDO COLLECTION

THE DESTINATION EDITION



**UNIQUE
DESTINATIONS**
Start planning your
summer holidays with these
recommendations.

on page 4.



**INSPIRED
ESCAPES**
Discover how to travel with
a purpose and become a
social entrepreneur.

on page 6.



**TRAVEL
SPEAKER SERIES**
Learn how to turn
your passion for travel
into a full-time job.

on page 12.



[LETTER FROM THE EDITOR]

Sitting in the airport preparing for my own two week trip to SouthEast Asia, I can't help but reflect on the effects of travelling. We all book trips for many different reasons, whether it be a getaway with friends, a family holiday, or backpacking across the world, the outcome seems to always be the same; seeing and experiencing different cultures and countries has an enriching effect on our lives.

In this edition, you'll see how travel has inspired a start-up company to help less fortunate areas of the world through social entrepreneurship. Also read-up on some of our residents' favourite unique and enriching holiday destinations.

I hope this edition inspires you to book a trip, as much as it has for me.

Bon voyage.

Melissa

4 UNIQUE DESTINATIONS
Fellow resident recommendations to add to your bucket list.

6 INSPIRED ESCAPES
Plan your next adventure with the help of this travel-inspired start-up.

8 THE ESSENTIAL TRAVEL APPS
Make the most out of your travels with these handy apps.

9 MEET JOANNA
Our new Notting Hill House Manager.

10 SPECTATOR
Catch-up on all of the events over the last month.

12 EVENT CALENDAR
Book your April schedule now.



INSERT
Keep track of all your travels with our Nido Scratch Map. Free with every copy of this month's newspaper.

THE TEAM



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- Renata Spicerova - Cover Art
- Inspired Escapes
- Joanna Haslock
- Amanda Aziz
- Alexandra Hodasova
- Transport for London



SPITALFIELDS



KING'S CROSS



NOTTING HILL



WEST HAMPSTEAD



7 PILLARS OF WISDOM, WADI RUM, JORDAN
PHOTO BY: STEPHANIE GELEN



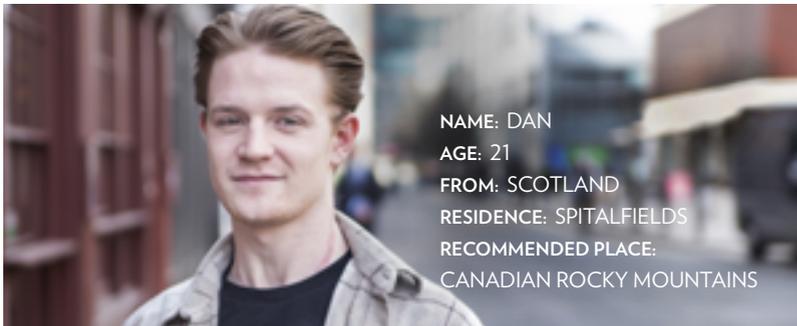
TORRE SANT'ANDREA, SALENTO, ITALY
PHOTO BY: ADRIANO MESCIA



KÜHTAI, AUSTRIA
PHOTO BY: KAROLINA SRAMLOVA

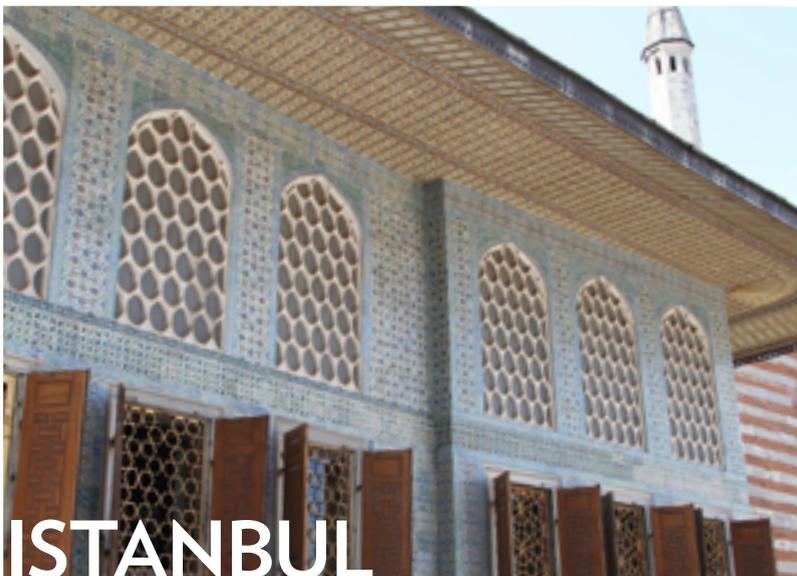
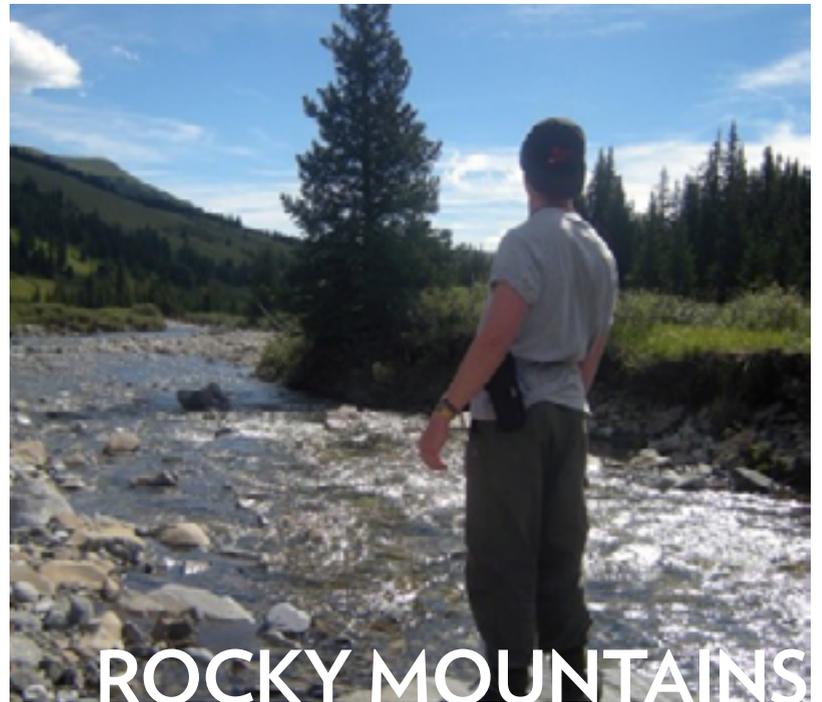
UNIQUE DESTINATIONS

We asked six residents their top picks for unique, interesting and beautiful holiday destinations. See what they said and visit our blog for more hot spots on www.nidostudentliving.com/blog/UniqueDestinations



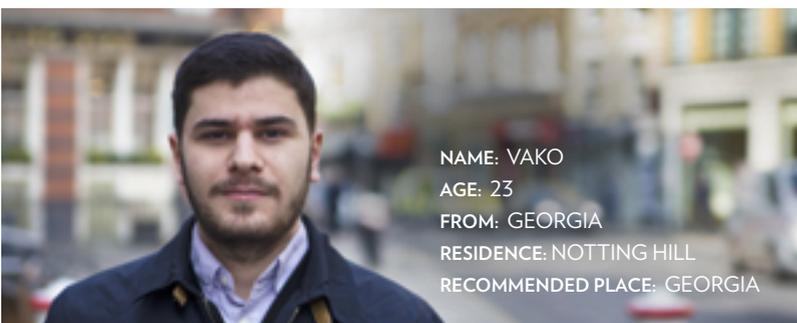
NAME: DAN
 AGE: 21
 FROM: SCOTLAND
 RESIDENCE: SPITALFIELDS
 RECOMMENDED PLACE:
 CANADIAN ROCKY MOUNTAINS

At the young age of 17, I discovered I had cancer. Once recovered at 19 years old, I embarked on an outdoor program, visiting the Canadian Rocky Mountains in an effort to self-explore. I would highly recommend visiting “Ya Ha Tinda – Forbidden City” in the wilderness of Calgary, Alberta, which is great for anyone looking to escape the busy city and connect with nature. Surrounded by beautiful mountains, valleys and rivers, you can be sure to see wild animals, such as bears, wild sheep and wild horses. Additionally, I would recommend going to Banff National Park, where people ski and experience the beautiful natural hot springs spa. If you are looking to escape and get lost in nature, the Canadian Rocky Mountains are a must see.



NAME: KATHI
 AGE: 22
 FROM: IRAN
 RESIDENCE: NOTTING HILL
 RECOMMENDED PLACE: ISTANBUL

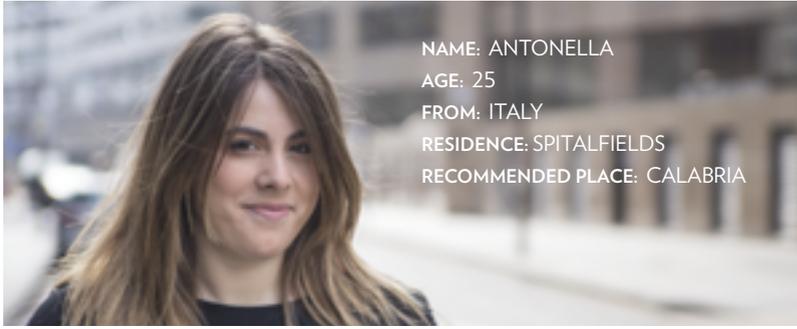
Characterised by its rich history and great food, Istanbul is loads of fun. I last visited in summer 2014 with my family, and what I love about Istanbul is that every time I visit there is something new and exciting to discover. Whether you are going with friends or family, the nightlife is always fabulous. If you are looking to escape to the beach, it is also located very close to the city. I would recommend Istanbul to anyone who appreciates beautiful architecture and great food.



NAME: VAKO
 AGE: 23
 FROM: GEORGIA
 RESIDENCE: NOTTING HILL
 RECOMMENDED PLACE: GEORGIA

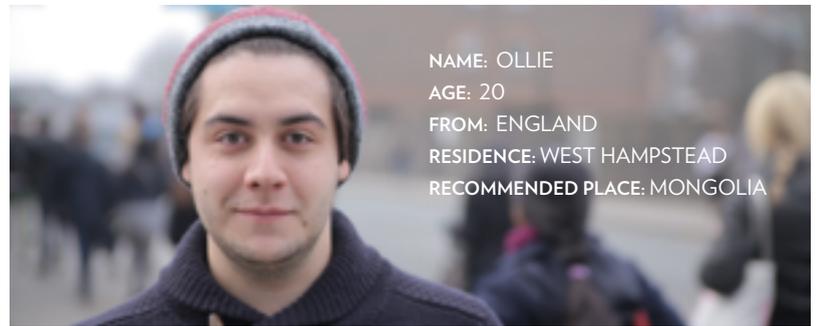
Georgia is a relatively less explored and exposed part of the world, making it a great place for new experiences. It has everything from sea resorts, such as Batumi, to the skiing resorts of Bakuriani or Gudauri. For nature lovers I recommend visiting the beautiful mountains of Svaneti and Mestia, which are perfect for hiking. For wine and food lovers I recommend visiting “Twins Wine Cellar” located near Telavi town, which has the best national cuisine and wines. It is an overall refreshing area and a great place to escape busy student life.





NAME: ANTONELLA
 AGE: 25
 FROM: ITALY
 RESIDENCE: SPITALFIELDS
 RECOMMENDED PLACE: CALABRIA

After exploring the south of Italy, I would highly recommend visiting the diverse peninsula and natural paradise of Calabria, known for its amazing beaches, wildlife and Greek cultural impact. A beautiful area charmed with nature and small road paths, it's famous for delicious, high-quality and homegrown food, wine and olive oil. If you're on a budget, it's great to visit, as it is incredibly cheap. I would also recommend visiting the Coast of the Gods, named the number one beach in Italy by Sky Scanner. While you're there, check out the stunning crystal clear water of Tropea, a beautiful feature of Calabria.



NAME: OLLIE
 AGE: 20
 FROM: ENGLAND
 RESIDENCE: WEST HAMPSTEAD
 RECOMMENDED PLACE: MONGOLIA

Mongolia places a huge emphasis on nature and tourism as the country offers busy cities as well as vast open desert; it feels like you've experienced two different countries. I spent four days in the city and six days in the beautiful desert. The desert was cold but I stayed in a typical Mongolian tent where a woman came to keep the fire burning for us. Mongolia is filled with fun activities, such as horseback riding, archery, wrestling and hunting, and also a great nightlife. I would recommend Mongolia to any nature-lover looking for a cultural experience.



NAME: LUDOVICA
 AGE: 19
 FROM: ITALY
 RESIDENCE: WEST HAMPSTEAD
 RECOMMENDED PLACE: ABU DHABI

Be prepared to discover a new world upon arriving in Abu Dhabi, with rich Arabic culture and almost everything covered in gold. I would definitely recommend taking a trip to the desert; although the drive over the dunes can be a little frightening, it is one of my favourite memories of my trip where you can sandboard or ride a camel over the dunes. The city is filled with old markets called "souks," where you can buy Arab jewelry, food, clothes, etc. Located on the more local side of the city, head to the amazing hidden fish market, a huge, closed market with loads of fresh fish. Another incredible place with beautiful architectural design is the Sheikh Zayed Grand Mosque, a huge mosque with the biggest hand-made carpet in the world. What I love most about Abu Dhabi is its diversity from all the other Arab Countries; it's a growing city that holds on to its origins, but also embraces and looks forward to the future.





MATT
[HEAD OF STRATEGY & SOCIAL CHANGE MAKER]

LEONARDO
[CMO & PASSIONATE ENTREPRENEUR]

JENNIFER
[CEO & GLOBAL SOCIAL INVESTOR]

EMILY
[SALES ASSISTANT]

INSPIRED ESCAPES

Discover how to combine travel, unique experiences whilst maximising your social impact with the help of Inspired Escapes. We sat down with this London start-up company to see how they turned their passion for travel into a career and are inspiring others to do the same.

Matt Fenton, Jennifer Vioria and Leonardo Gubinelli of Inspired Escapes talked us through how they were able to turn an idea into a growing business, their awe-inspiring trips and how you can become a responsible tourist by creating your own sustainable projects around the world.

How did the concept for Inspired Escapes come about?



Inspired Escapes originated from our previous program, Inspired Challenge, which combined passion for travel with challenges, such as marathon running or mountain climbing.



During one of our Inspired Challenge trips to Mount Kilimanjaro, we began speaking to the locals at the base of the mountain and realised that the community wasn't receiving any of the money raised from the hundreds of mountain charity climbs. Upon returning, we discussed combining a travel concept with raising money for local issues observed. We, therefore, set-up Inspired Escapes, which included elements that worked for the Inspired Challenges model, but also gave back to the communities.



We target travel lovers looking to fulfil a social need. If you've observed a social issue during a holiday or weekend trip and are inspired to help these local communities, we help you implement the change through setting up your profile to fundraise on our platform.

One of our travellers went to Kenya and noticed 13 year old girls being married off before going to school as their families didn't have the finances to support schooling. Upon her return, she started a charity and has now built a school for these girls, creating a sustainable impact on the community.

What is responsible tourism? How can one become a responsible tourist?



In addition to the environmental aspects of being a responsible tourist, like low carbon emissions and water conservation,

we work to encourage the next level of responsible tourism. It's about immersing yourself in the culture and ensuring the community actually retains its tradition as opposed to imposing western standards.



We work with the chief of each community on our projects to ensure that we aren't choosing where the money goes, but listening to where the money is needed.

The company concept is built around living for a moment that inspires you. What was your inspiring moment?



During a trip to Bolivia I visited an orphanage where a newborn baby had been found by an eight year old in the dumpster. Having just had a baby myself, this really hit me hard and inspired me to help create a change.



I grew up in the Philippines and my mother left me with my grandparents when I was eight to go and work in the UK. I only saw her every three years until the age of 18. I wanted to stop the flow of women leaving their children behind to work in cities and create an opportunity that would encourage them to stay in their rural surroundings with their family.

A year ago, I met the most inspirational person in Paris, a founder of the biggest organisation in the Philippines that builds housing for slums. He does social entrepreneurship on a massive scale, with goals to lift three million people out of poverty by 2024, and create 500,000 more social entrepreneurs. I saw what he was creating in the Philippines and thought, wow, how can we connect people to this world.

How do the Inspired Escapes packages work?



We want to give everyone the chance to embark on one of our experiences. There are soft, medium-to-hard adventure packages and challenges, which may appeal to a group of friends to climb a mountain for a cause of your choice. You have the option to choose one of our designed programs or craft your own trip, which we can help plan.



The 2 ways you can get involved are: 1) design a trip that has a social impact built in, or 2) if you've traveled somewhere and are inspired to implement a charity you are passionate about, we can help build an itinerary around it so you can present it to your network and perhaps bring them along with you to channel the funds to the charity. You can travel solo, as a group of family/friends or join other groups.

What's been your favourite Inspired Escapes trip so far?



Uganda. Seeing the Gorillas in the wild and building water wells in the community. In a local community we visited, many members of the town, mainly children, were trekking four hours each day to the nearest clean water source. We funded a water well for the community so now the kids can attend school instead of collecting water for their families, as well as aiding the reduction of diseases from dirty water.

This edition is all about unique travel destinations- what would your recommendation be for a unique trip this year?



Iceland has been a very popular destination this year. We built an amazing itinerary, which is four days over the weekend, where you can see the Northern Lights, the glaciers and go whale watching. You can set up your own foundation or raise funds for a cause of your choice.

As avid travellers, what are your top 3 must-haves for any trip?



A video camera to record everything. Depending on where you're going, insect repellent and a thermal flask to keep water cool.



A backpack, a bathing suit and lastly, an open mind. Whenever you travel, don't go with prejudgements; allow your mind to absorb as much as you can.



A pair of decent walking shoes, water purification tablets and dental floss. It's amazing what you can do with dental floss (use as thread, a fishing line or shoelace replacement).

If you're interested in getting involved or want to find out how to bring an idea to life, contact Inspired Escapes on info@inspiredescapes.com or visit www.inspiredescapes.com

THE PACKAGES:

- ICELAND**
Northern Lights
Funding medical supplies
- TURKEY**
Mount Ararat Trek
Refugee support
- PHILIPPINES**
Desert Island Survival
Island rebuild fundraiser
- PERU**
Trek to Machu Picchu
Build greenhouses
- MOROCCO**
- EGYPT**
- INDIA**
- UGANDA**
- KENYA**
- TANZANIA**
Kilimanjaro trek
Schools project
- CHILE AND BOLIVIA**
Trek the Bolivian Altiplano
Your charity of choice
- SOUTH AFRICA**
African Bush
Zululand support
- INDONESIA**
- MICRONESIA**
- MALAYSIA**
Mount Korbu Challenge
Jungle protection

THE ESSENTIAL TRAVEL APPS

Let these free Smartphone apps remove the stress from your travels.
From booking flights to packing your bags, consider these apps your travel personal assistant.



PACKPOINT

[It'll pack your bags for you]

This handy app takes the stress out of packing. Simply enter where you're going, the reason for your trip and when you'll be travelling. PackPoint will create a custom packing list for you and even check the weather forecast. Share your list with friends to plan your outfits accordingly.



ENTRAIN

[Eliminate jet lag while away]

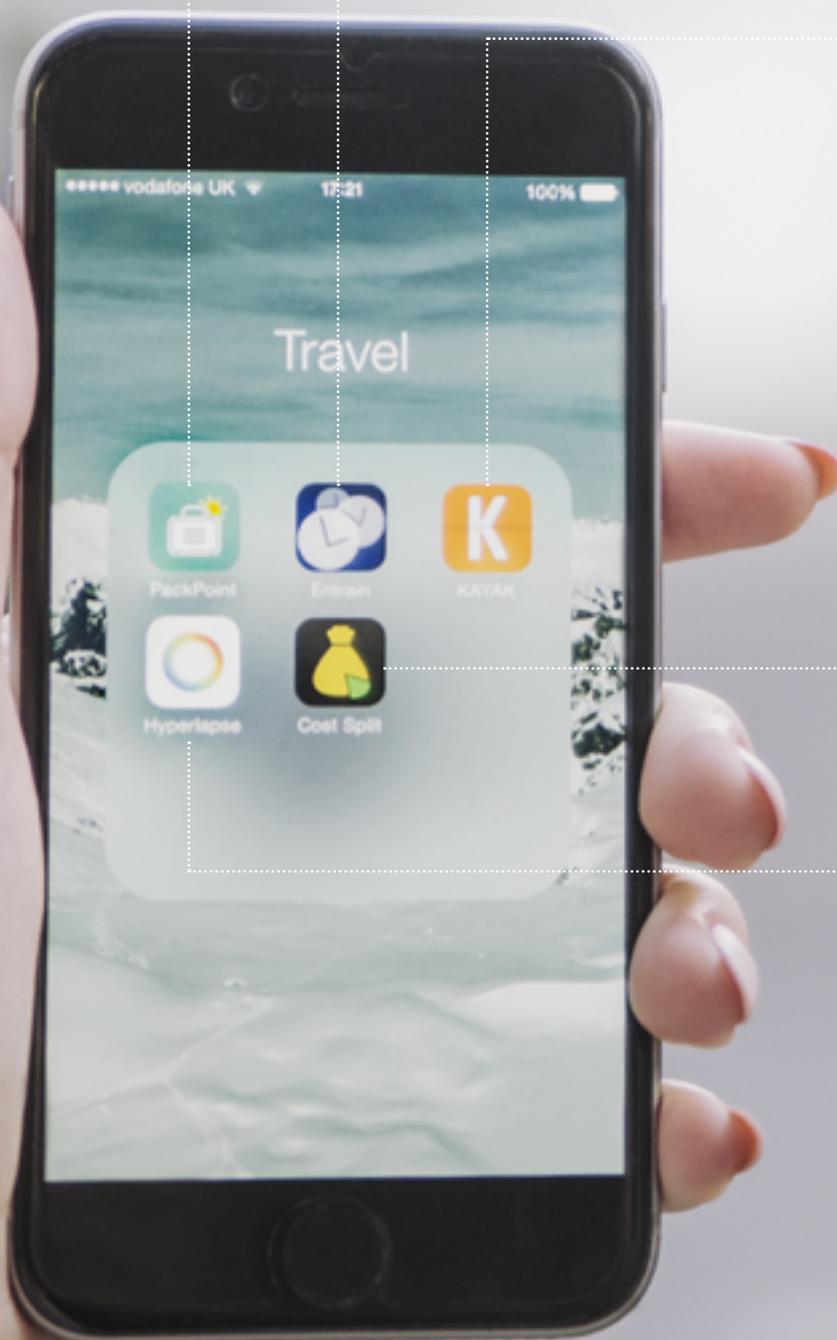
Make the most out of your holidays with this Jet Lag app. Created by researchers at the University of Michigan, Entrain monitors your body clock to reduce your jet lag. By entering in your sleep schedule and timezone of your destination, the app will tell you when to be in bright light, low light and darkness, lessening the impact of jet lag.



KAYAK

[The cheapest flights and hotels]

This app makes searching for flights, hotels and car rentals simple. As Kayak works with most providers, you'll be able to keep an eye on the best prices and set up alerts. You can also keep track of your travel itinerary and flight status. A traveller's best friend.



COST SPLIT

[Splits the cost of your trip for you]

Budgeting can be a big hurdle when travelling, especially when travelling with friends or a group. This app does the work for you. Set your budget for each trip and add in the names of each person splitting the costs. Update it with each expense plus who has paid and when you're ready to settle-up, it will run a report showing who owes what. Your bank account will love you for it.



HYPERLAPSE

[Capture your trip with time lapse films]

Record your travels with the help of Hyperlapse. Developed by Instagram, this app creates high-quality time lapse videos, compresses the film and allows you to share them through Facebook, Twitter and Instagram. Select your time lapse speed and instantly create cinematic gold.

YOUR WEEKEND JUST GOT LONGER & BETTER

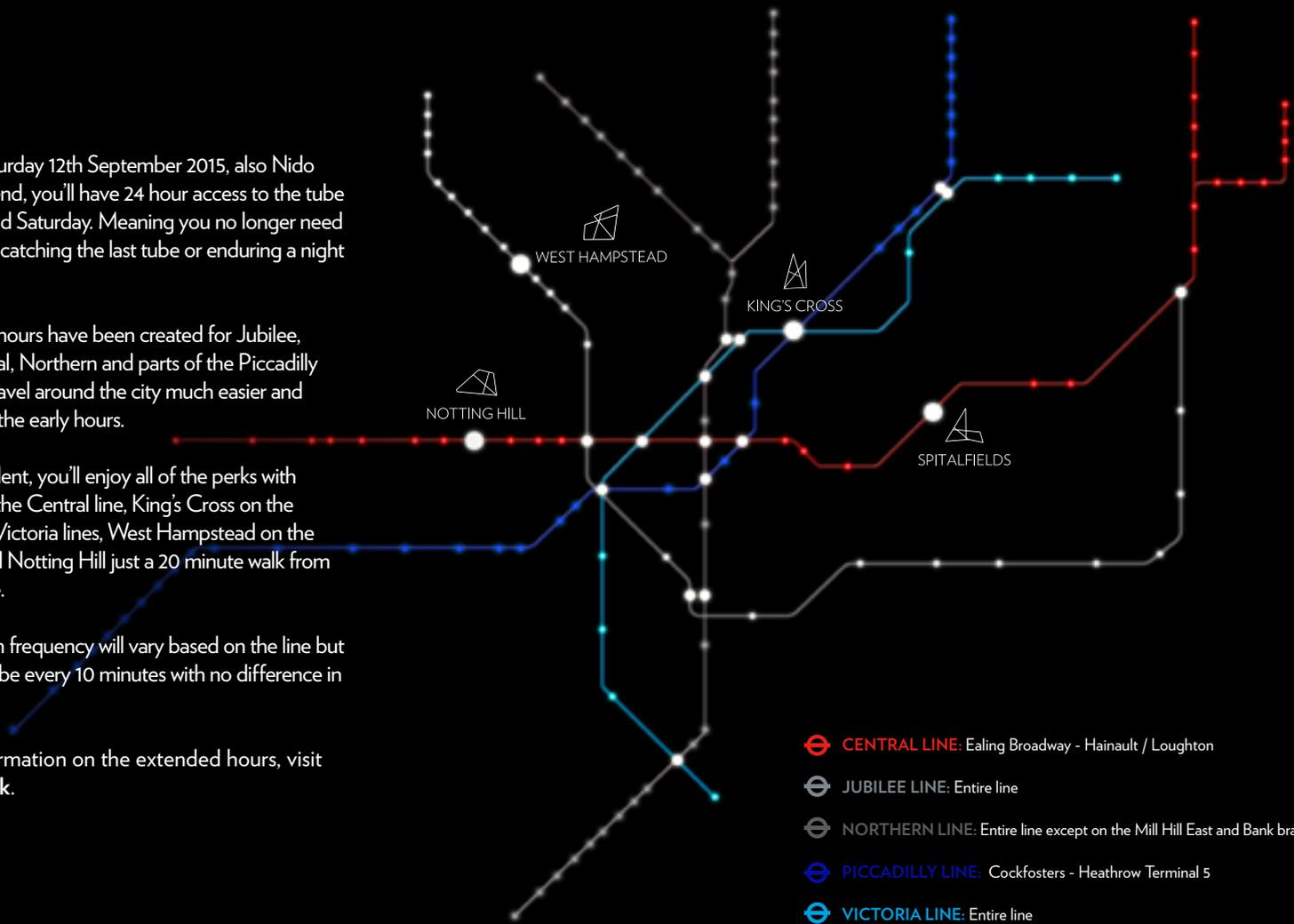
Starting on Saturday 12th September 2015, also Nido check-in weekend, you'll have 24 hour access to the tube every Friday and Saturday. Meaning you no longer need to worry about catching the last tube or enduring a night bus ever again.

The extended hours have been created for Jubilee, Victoria, Central, Northern and parts of the Piccadilly lines, making travel around the city much easier and quicker during the early hours.

As a Nido resident, you'll enjoy all of the perks with Spitalfields on the Central line, King's Cross on the Piccadilly and Victoria lines, West Hampstead on the Jubilee line and Notting Hill just a 20 minute walk from the Central line.

Night time train frequency will vary based on the line but is estimated to be every 10 minutes with no difference in fare price.

For more information on the extended hours, visit www.tfl.gov.uk.



-  **CENTRAL LINE:** Ealing Broadway - Hainault / Loughton
-  **JUBILEE LINE:** Entire line
-  **NORTHERN LINE:** Entire line except on the Mill Hill East and Bank branches
-  **PICCADILLY LINE:** Cockfosters - Heathrow Terminal 5
-  **VICTORIA LINE:** Entire line

JOANNA HASLOCK

[HOUSE MANAGER AT NOTTING HILL]

Hi, I'm Jo and I've joined Nido as the new House Manager for Notting Hill.

One of my favourite places in London, Notting Hill was once known as the piggeries due to the three to one ratio of pigs to people, but now is one of the most fashionable locations in London. The setting of many novels, movies and music videos, you will often stumble across a film crew.

The famous Notting Hill carnival [30-31 Aug] is an amazing local event, but there is so much more to do and see including Portobello Film Festival [3 - 20 Sept], Annual Arts & Music Festival: Mayfest [2-4 May] and a host of pop up events.

We even have our own Pantomime at Christmas where local celebrities, including Sienna Miller and Mick Jones [The Clash] amongst others, have starred.

I am very much looking forward to building relationships with everyone, and being a bit of a social butterfly, I can't wait to plan and attend some events with you all. I would love to get your feedback and any ideas you may have. If you were unable to come to my welcome drinks pop in and see me in the office anytime for a chat.

Jo

SPECTATOR

Catch-up on all the news from each Nido Collection event. Didn't see your photo? Visit our Facebook page to see the full albums.

[HOLI: FESTIVAL OF COLOURS]

The festival of colours was celebrated at King's Cross with over 600 residents and friends. The event included cocktails, delicious food from The Kati Roll Company and colour throwing throughout the evening.



MARTYN DUGUID
BLASTING THE COLOUR



NADIA VASILEVA AND CINDY LI



KEYU SUMARIA ENJOYING THE PARTY



RESIDENT DJ IMBER GONZALEZ



DISHA MIRCHANDANI AND
AISHU RAMESH





[WEST HAMPSTEAD WELCOME PARTY]

On 19th March, we celebrated the joining of West Hampstead to The Nido Collection with canapés, drinks, DJ, dancing and a photo booth to capture all of the fun. A worthy welcome indeed.



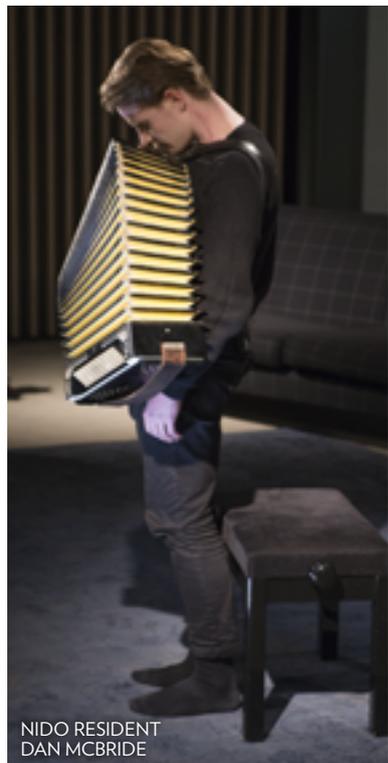
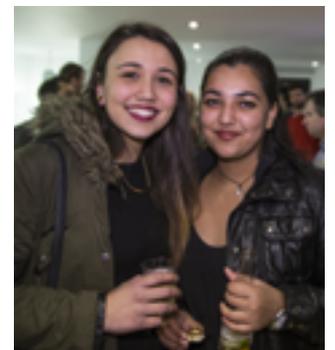
RESIDENTS ENJOY THE PHOTO BOOTH



CHEERS TO WEST HAMPSTEAD



WELCOMING WEST HAMPSTEAD



NIDO RESIDENT DAN MCBRIDE

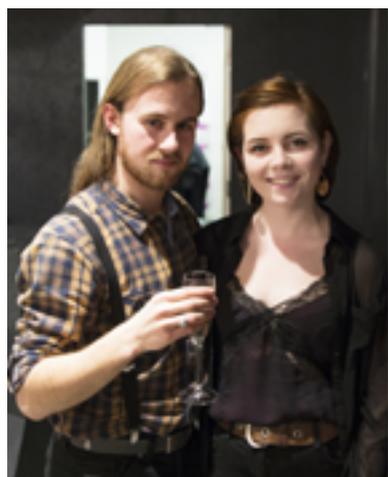
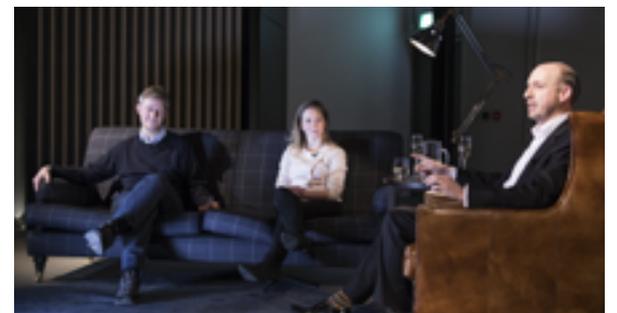


[MY LIFE IN MUSIC]

Our first ever Music Speaker Series included advice and insight into the music industry from our panelists of musicians including James Burton, Naomi Burgoyne and Robyn Tyson. To top the night off, five talented Royal College of Music students performed their pieces for the audience.



KRISTIAN RICHARDSON PERFORMS



RCM STUDENTS NICOLAS KENT AND NURRY LEE

APRIL EVENT CALENDAR



TUESDAY

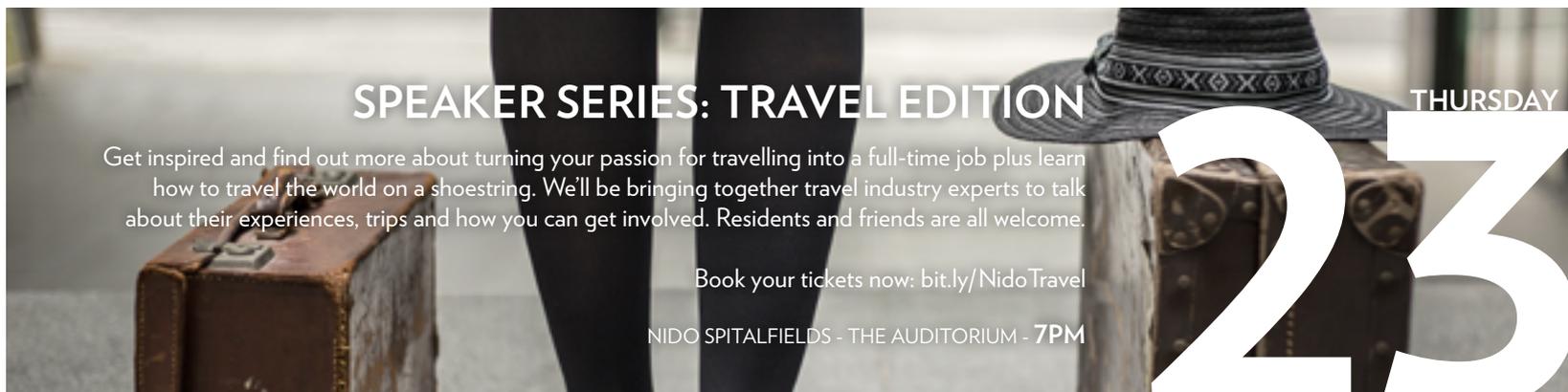
14

THE EGG CHALLENGE

We'll be starting out this event with some [insert egg-pun here] Easter games, such as an egg & spoon race and a building-wide egg hunt. You'll have the chance to win 3 amazing prizes followed by a cooking lesson from chef Andrea Zagatti. He'll be showing us some healthy and simple ways to cook delicious egg dishes. Plus, all dishes will be available to taste so come with an empty stomach.

Book your tickets now: bit.ly/NidoCookingExperience3

NIDO NOTTING HILL - 6:30PM



SPEAKER SERIES: TRAVEL EDITION

Get inspired and find out more about turning your passion for travelling into a full-time job plus learn how to travel the world on a shoestring. We'll be bringing together travel industry experts to talk about their experiences, trips and how you can get involved. Residents and friends are all welcome.

Book your tickets now: bit.ly/NidoTravel

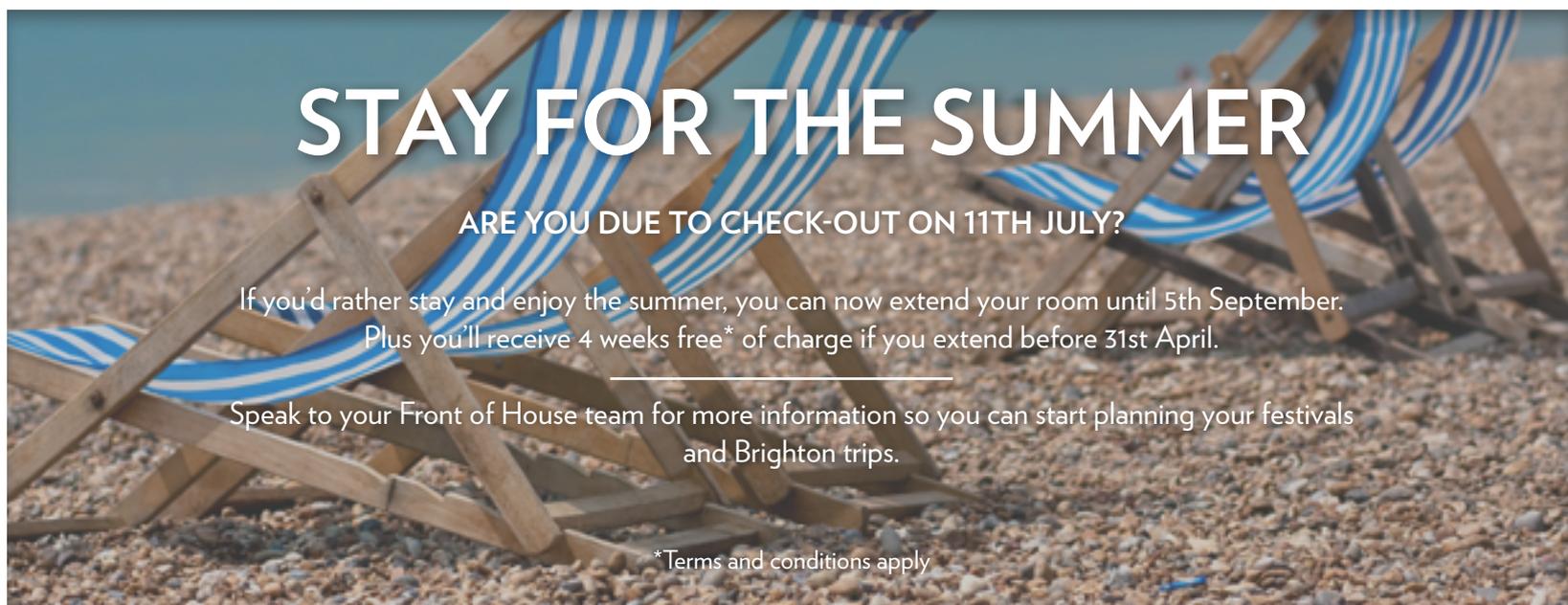
NIDO SPITALFIELDS - THE AUDITORIUM - 7PM

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THURSDAY

WEEKLY EVENTS:

 KING'S CROSS	 SPITALFIELDS	 NOTTING HILL
TUESDAYS	TUESDAYS	THURSDAYS
YOGA	MUSIC LOUNGE	RIBS NIGHT
7pm The Fitness Room	6.30pm The Lobby	9pm Notting Hill neighbourhood
SATURDAY	THURSDAYS	TUESDAYS
A SATURDAY OUT	GAME SHOW NIGHT	MOVIE NIGHT
9am Exploring the UK	8pm The Screening Room	8pm The Screening Room
THROUGH-OUT	SUNDAYS	
THE WEEK	FOOTBALL LEAGUE	
The Lobby	3pm Shoreditch	



STAY FOR THE SUMMER

ARE YOU DUE TO CHECK-OUT ON 11TH JULY?

If you'd rather stay and enjoy the summer, you can now extend your room until 5th September. Plus you'll receive 4 weeks free* of charge if you extend before 31st April.

Speak to your Front of House team for more information so you can start planning your festivals and Brighton trips.

*Terms and conditions apply