



THE NIDO COLLECTION

THE TRENDS EDITION



**TRENDING
THIS SEASON**
See our top picks for
your spring wardrobe.

on page 4.



**WEARABLE
TECHNOLOGY**
Read-up on the latest
trends in the market.

on page 8



**2015 SKI
TRIP**
Don't miss our 1st
annual Nido Ski Trip.

on page 12.



COVER & PAGE 2 PHOTOS - THE ELITE MODEL LOOK - LONDON 2014 COMPETITION.
 MORE ELITE MODEL EVENTS WILL BE ANNOUNCED SOON.

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MEET ANASTASIA

[COUTURE FASHION DESIGNER, ENTREPRENEUR & NIDO SPITALFIELDS RESIDENT]

Anastasia Andrew is in her second year at Istituto Marangoni London, in the midst of starting-up a jewellery company and assistant to Addy Van Den Krommenacker, Dutch couture designer. We sat down with her to find out more about entry into the fashion world and the trends that inspire her.

Born to a Parisian Mother and an English Father, Anastasia developed an interest in fashion from a young age.

“My Mother and French side of my family are very fashionable. I spent a lot of time in Paris seeing the trends and styles. I love the feminine Parisian style which comes out in my sketches and designs.”

During her first year at Istituto Marangoni London, Anastasia was offered a two week internship with Couture Fashion Designer, Addy Van Den Krommenacker. She spent two weeks in 's-Hertogenbosch, the Netherlands, studying under the well-known designer.

“I spent my time working on designs, playing with different fabrics and working with Addy’s clients. My two weeks of work led-up to a Fashion Show in the Netherlands where I was able to see the dresses I had helped create on the catwalk. It was such an amazing feeling.”

Upon returning to London, Anastasia decided that although her internship with Addy was over, she still wanted to help promote his brand. She took the initiative to scout out new clients for him, took design briefs on dresses and continued to send through sketches to Addy.

“The internship was a turning point in my career and it was important to me to keep that relationship with Addy. Over the last year, I’ve worked hard to stay in contact so I can continue to learn and build on my experience.”

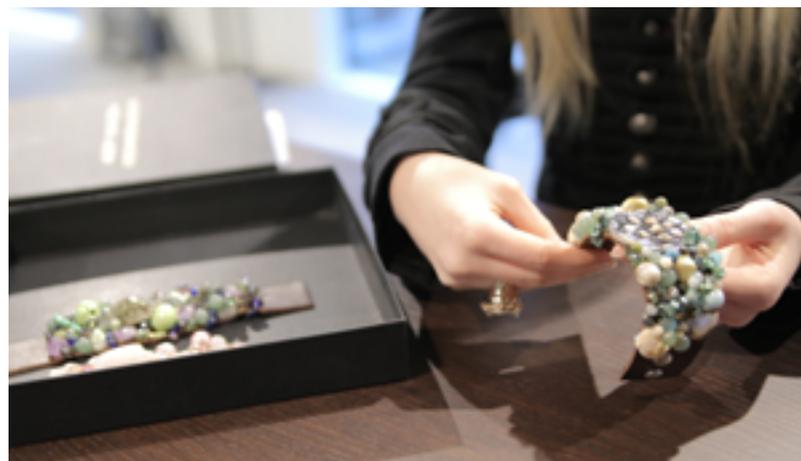
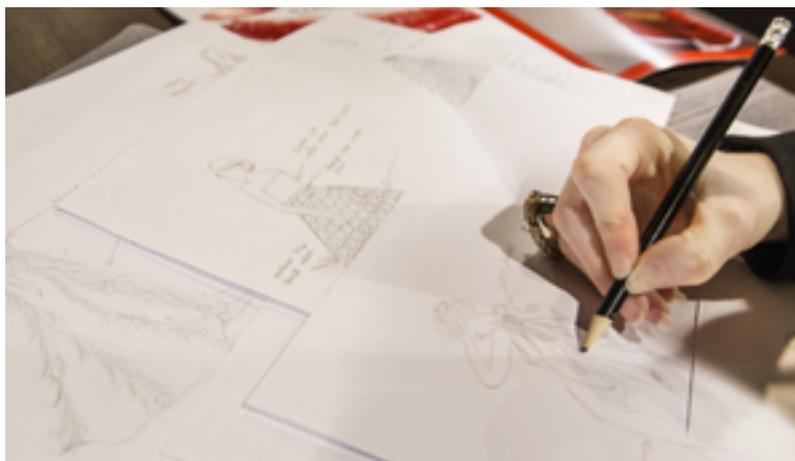
When she’s not studying or designing couture dresses, the budding designer has started her own

jewellery company. Her handcrafted bracelets are custom made from English leather, shells and Swarovski crystals. We spoke to her about what inspired her designs.

“I draw a lot of design inspiration from nature. Fur and jewels are very much a reoccurring theme in my clothing and jewellery. I get inspiration from petal and flower colours for my dress designs and incorporate shells and stones into my bracelets to give them a chic and luxurious feel.”

Anastasia will be in the Netherlands this month assisting Addy with another Fashion Show and hopes to co-design with him after university. She’ll also be launching her jewellery website in the coming months.

To read our extended interview with Anastasia, visit nidostudentliving.com/blog/meet-anastasia



ELEGANT FRINGE

Last season's cowboy style tassels have transformed for S/S 2015 into a more delicate look, as seen at Proenza Schouler, Celine and Fendi. This look is perfect for adding interest and elegance to classic pieces and essential for any dance floor.



CELINE
SOURCE: YANNIS VLAMOSIN - DIGITALIMAGES.COM



FENDI
SOURCE: YANNIS VLAMOSIN - DIGITALIMAGES.COM

SPRING/SUMMER '15 STUDYING THE TRENDS

While you've been studying for your exams, we've been studying the Spring/Summer 2015 trends. We've trawled through the Fashion Week shows from last September to find some simple ways for you to stay on trend this season.

On top of the featured styles, also keep an eye out for bold floral prints as seen at Miu Miu, Carolina Herrera and Max Mara. You may also need to trade in your plaid shirts for gingham this season; this tiny check pattern has been seen on the catwalks of Diane von Furstenberg, Oscar de la Renta and Michael Kors. This picnic inspired print is here to stay.

Here are our top picks for looks this season.



BURBERRY PRORSUM
SOURCE: MARCUS TONDO/INDIGITALIMAGES.COM



CODE RED

Red is the colour of the season when it comes to men's fashion. Bold crimson tones were seen on the catwalks of Calvin Klein, Dolce & Gabbana and Christopher Kane.

Apply this look with a dark red suit or scarlet chinos.

CHRISTOPHER KANE
SOURCE: STYLE.COM

SOFTER SUEDE

With 70's inspired trends making a comeback this season, it's no wonder suede is back in too. Jason Wu, Emilio Pucci, Valentino and Gucci all featured neutral coloured suede pieces in their shows. The leather look has officially been replaced by its softer counterpart.



DEREK LAM
SOURCE: MARCUS TONDO/INDIGITALIMAGES.COM



VALENTINO
SOURCE: MARCUS TONDO/INDIGITALIMAGES.COM



VERA WANG
SOURCE: KIM WESTON - ARNOLD INDIGITALIMAGES.COM



ROMANTIC BOHEMIAN

Who said romance is dead? Valentino, Tommy Hilfiger and Vera Wang included long, flowing, Bohemian gowns in their Spring/Summer 2015 collections. This look is the perfect way to add elegance and interest to your evening attire.

VALENTINO
SOURCE: KIM WESTON - ARNOLD INDIGITALIMAGES.COM

PINSTRIPES

After several strong seasons of check patterns, it's time for a change. Pinstripes are taking over for Men's Spring/Summer 2015. Designers such as J.W. Anderson and Matthew Miller showed this classic print on coats, shirts and trousers. Pair your striped pieces together or wear them separately.



RAG & BONE
COURTESY OF RAG & BONE



DIOR HOMME
SOURCE: YANNIS VLAMOS / INDIGITALIMAGES.COM



BEHIND THE SCENES OF FASHION

Having styled for some of the industry's greatests like Dior, Chloé, Vivienne Westwood, Vogue, GQ, Cara Delevigne and Florence Welch, Oskar Pera tells us about life behind the scenes as a hairstylist and his trend predictions for this season.

Oskar Pera grew up in Seville, Spain, and from a young age he knew his passion would be for hairstyling.

"My mother is a hairdresser so I grew-up around hair. I was always playing with it and helping my mother in the salon. When I turned 16, I started studying at a long established hairstyling academy and soon after, began working in a local salon."

After several years of working in different salons in Seville, Mallorca and Ibiza, in 2006 Oskar decided to move his career to London. He worked in several leading East London salons before entering into editorial work.

"My first editorial job was styling a Lookbook for Chica Boutique in Spitalfields Market which then led to other high fashion shoots. My big break came when I was given a NME cover shoot with Florence Welch, of the band Florence and the Machine."

After the NME shoot, Oskar explained that people began to pay attention to him in the industry and, soon after he was being booked by Kenzo, Dior, J.W. Andersen and Lacoste. He's worked on a range of shoots including music videos, magazine covers and spreads, catwalk shows and lookbooks. Oskar has also done private work for numerous UK celebrities.

"I'm currently working on being booked for a Chanel Show. They are always spectacular so it would be great to be a part of it. I'd love to work with Mario Testino, FKA Twigs and Kate Moss. I can carry on, but I'll stop there."

As much as working with top models, photographers and designers sounds glamorous to an outsider, working in the business also comes with its challenges. Oskar explains some of the obstacles he's dealt with in his career,

"When working in this industry, it's hard to not take feedback and criticism to heart. Much like in all creative industries, your design is your baby so its hard to not take people's opinions personally. I try to be pragmatic about it as, after all, it is only one person's opinion."

Staying ahead of the trends is crucial when working in the creative industry. Oskar explains that a lot of his inspiration comes from the streets, music icons and the runway.

"I draw a lot of inspiration from East London, and find that most trends are born on the street. Music icons also very much dictate fashion trends. They have a creative platform that allows them to explore different styles. FKA Twigs is definitely someone to watch this year."

After two solid years of brand and editorial work, Oskar partnered with James Ollerenshaw to open The Drawing Room Salon in Shoreditch. He splits his time between the salon and editorial work and is currently preparing for London and Paris Fashion Week. He's already been booked for Dior, Thom Browne and Kenzo with the women's catwalk shows yet to be confirmed.

We asked him about hair trends for Spring/Summer 2015 and what might be seen on the catwalks of Fashion Week,

"For women, the shoulder length bob and multi-colour pastels are big this season. Braiding is becoming stronger but with a more urban, tougher feel. Bleach blonde shades are fading into more natural tones. For men, short back and sides is still going strong."

To find out more about Oskar's remarkable career, visit The Drawing Room Salon website on drawingroomsalon.com.

Plus as a Nido resident, you'll also receive **20% off** your first visit to The Drawing Room Salon. When booking please quote 'Nido'.

FASHION WEEK CALENDAR *by Oskar*

As a veteran of London, Milan, Paris and New York fashion week, Oskar gives us his recommendations on which shows to see this season. For more information visit londonfashionweek.co.uk.

Saturday 21st February 2015

J.W. Anderson
4pm

Sunday 22nd February 2015

Vivienne Westwood
5pm

Monday 23rd February 2015

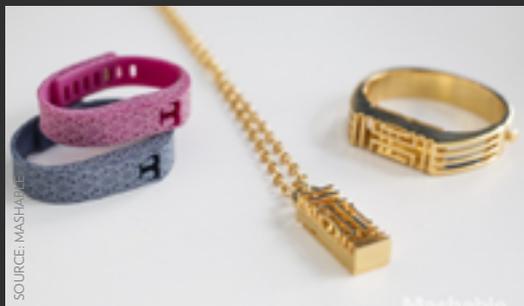
Erdem
11am

Monday 23rd February 2015

Peter Pilotto
5pm

WEARBALE TECHNOLOGY

We've watched technology and fashion flirt for the last couple of years. This year, we see their relationship blossom with wearable technology devices trending across the world. Browse through a few of our fashionable finds for the coming year.



SOURCE: MASHABLE



SOURCE: RALPH LAUREN



SOURCE: APPLE.COM

FITBIT

Last year, the idea of fashionable fitness trackers couldn't be further from the truth, however the Fitbit has managed to adapt its wristband and pocket trackers with the help of American fashion designer Tory Burch. They've created a line of accessories to fit over your Fitbit including metal bracelets and pendant necklaces making this wearable technology fit for day and night. Prices for Tory Burch Fitbit accessories start at £155.

THE POLO TECH SHIRT

The Polo Tech Shirt was created during a collaboration between OMSignal and Ralph Lauren and is rumored to be released to the market this year. The athletic shirt provides comprehensive biometric data including heart rate, distance, stress and calories burned directly to your smartphone or tablet in real time. First seen during the 2014 U.S. Open by Tennis Pro Marcos Giron and the ball boys of the tournament, this shirt is sure to be a big seller.

APPLE WATCH

It's no surprise that the Apple Watch is included in this list, however what sets this piece of technology apart from the rest is its popularity in the fashion world. Having already appeared in Paris Fashion Week and on the cover of Vogue China, this timepiece is proving that technology and fashion can live in harmony. Each Apple Watch can be customised down to the size, finish and strap. Prices are set to start from £300.

DESIGN ACCOMMODATION

Been browsing for ideas to custom design your place? See our guide to adapting this season's interior design trends to your Nido space. For more inspiration and ideas, see our blog post on www.nidostudentliving.com/blog/design-accommodation

BOLD & BRIGHT

Prints are back.

Much like the fashion trends this season, bold prints are also being used in the interior design world. 70's style geometric patterns and prints on textiles are an easy way to add a splash of colour without the commitment of covering a wall. Make your space trendy and cosy by incorporating playful rugs around your bed or kitchen. Visit Anthropologie on Regent Street for some unique prints you won't find anywhere else.

www.anthropologie.eu

SOURCE: ULTRASWANK.NET

GREEN WITH ENVY

Build your own garden.

The Garden Bridge from the Southbank to Temple will begin construction this year, meaning we will no doubt begin to see greenery inspired design popping up in the coming year. Create your own garden within your room with a terrarium. These miniature ecosystems of plants are easily maintainable and self-contained. Create your own or visit florist Grace and Thorn in Hackney for some trendy vegetation inspiration.

www.graceandthorn.com

SOURCE: ULTRASWANK.NET

COMPACT IS BACK

Statement pieces & storage.

Across London, old shipping containers, workshops and garages are being transformed into office space and apartments, meaning compact living is here to stay. Apply this concept to your room by making full use of your underbed storage and add a statement piece of furniture like a chair or bookshelves. This will make the space feel bigger by adding a focal point to the room. Get some inspiration from The Lollipop Shoppe.

www.thelollipopshoppe.co.uk

SOURCE: IKEA

THE DESIGN MUSEUM:

Head past Tower Bridge along the Southbank and you'll find this hidden design gem. The Design Museum is devoted to beautiful and unique design, covering graphic, industrial, fashion, product and architectural pieces. The museum features exhibitions throughout the year plus has an excellent gift shop. Visit designmuseum.org for more details on planning your visit.

**DESIGN
MUSEUM****V&A****V&A:**

The Victoria & Albert Museum is the world's largest museum of decorative arts and design. With pieces ranging from medieval to art deco, it's no wonder people travel far and wide to visit this design sanctuary. Check out their Friday Late schedule on www.vam.ac.uk for wild and wonderful events throughout the year.

DESIGN DESTINATIONS

Whether you're a designer or just enjoy beautiful things, browse through our top picks for design havens in the city.

TATE MODERN:

This choice may not be much of a surprise, as the Tate Modern is the most visited modern art gallery in the world, housing over 850 pieces of art and design. To fully appreciate the design and structure of this former Power Station, we recommend approaching from the North Bank, across the Millennium Bridge and entering from the Main Hall entrance. Entry to the Tate Modern is free so you can roam until your heart's content. www.tate.org.uk/visit/tate-modern

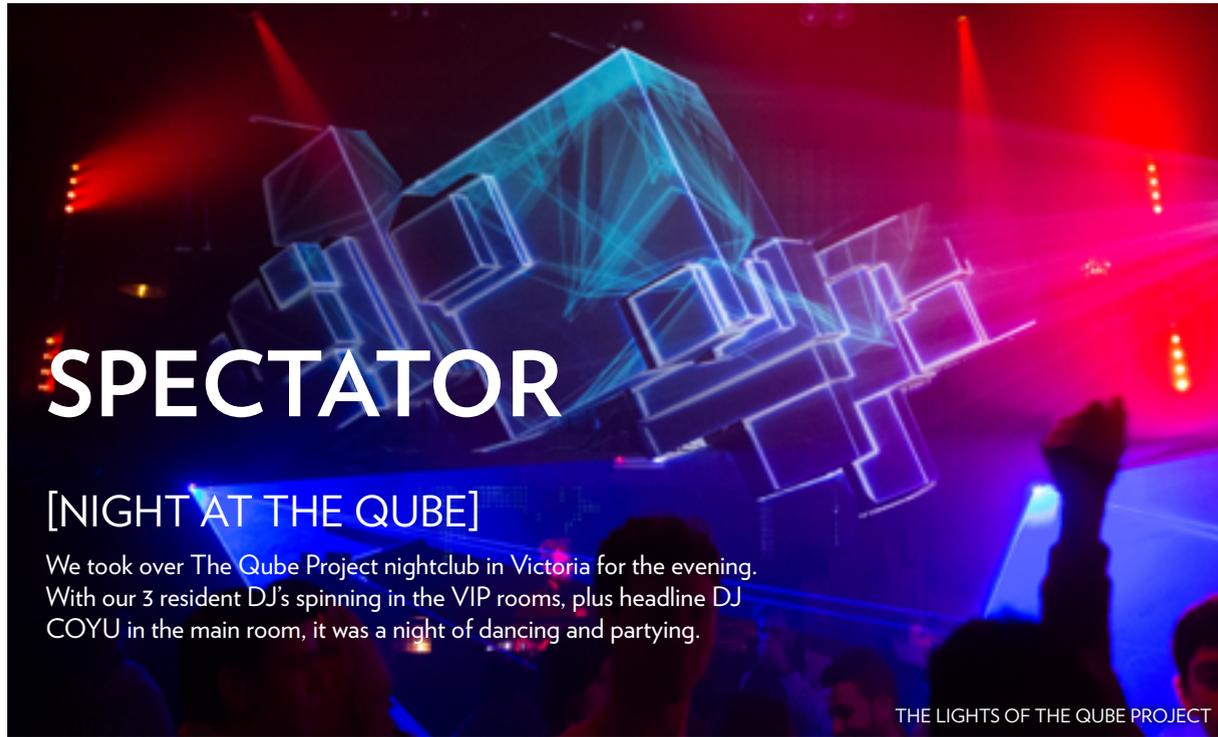
TATE**SIR JOHN
SOANE'S
MUSEUM
LONDON****SIR JOHN SOANE'S MUSEUM:**

Formerly the home of the neo-classical architect Sir John Soane, this museum is often referred to as the 'Academy of Architecture'. The building houses a collection of his projects, paintings, and antiques throughout his career mixing tradition with eclectic pieces. Plan your visit for the 1st Tuesday of each month where the entire museum is lit by candlelight from 6pm to 9pm. www.soane.org

THE BARBICAN:

This performing arts centre is one of our top picks not only for its events schedule but its stunning Brutalist architecture. The Barbican hosts art exhibitions, film screenings, theatre performances, classical and contemporary music concerts plus is home to the London Symphony Orchestra. A design must see. www.barbican.org.uk

barbican



SPECTATOR

[NIGHT AT THE QUBE]

We took over The Qube Project nightclub in Victoria for the evening. With our 3 resident DJ's spinning in the VIP rooms, plus headline DJ COYU in the main room, it was a night of dancing and partying.

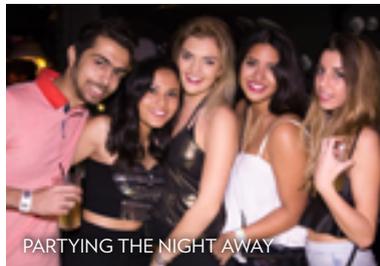
THE LIGHTS OF THE QUBE PROJECT



TAKING A BREAK FROM THE DANCE FLOOR



THE KING'S CROSS CREW



PARTYING THE NIGHT AWAY



AND THE BEST DANCES MOVES GO TO...



THE LADIES OF NIDO ENJOYING THE EVENING



REBOOK YOUR ROOM

AND RECEIVE UP TO £1,000 CASH BACK

NOTTING HILL **£900 + £100 SELFRIDGES VOUCHER UPFRONT = £1,000**

KING'S CROSS **£650 + £100 SELFRIDGES VOUCHER UPFRONT = £750**

SPITALFIELDS **£400 + £100 SELFRIDGES VOUCHER UPFRONT = £500**

Exclusively as an in-house Nido resident, if you rebook your room or your preferred room at any Nido residence before 26th February 2015, we'll give you cash back*. Speak to a member of the Nido team onsite or call us on +44 (0)207 1000 100

*Rates are subject to change and terms and conditions apply, visit www.nidostudentliving.com/rebookers-promo

[COOKING WITH ANDREA]

Former Nido resident and Le Cordon Bleu graduate gourmet chef Andrea Zagatti showed us how to create 3 delicious and authentic Italian dishes. The menu included Beef Fillet with Wild Broccoli and Sea Bream Fillet with Mushroom Sauce and Courgettes Tagliolini.



GROUP SHOT BEFORE THE COOKING COMMENCES.



A PROUD SPITALFIELDS RESIDENT SHOWS OFF HIS DISH



ANDREA SHOWS KATE AGOSTINO HOW TO FILLET A FISH



SOUS CHEF LAURA MANRIQUE MARTINEZ HELPS PREP THE ARTICHOQUES.



[NOTTING HILL HIGHLIGHT SERIES]

The first event of the series highlighted Ned Pryce and his passion for acting. The workshop included Shakespearian skits and some insider thespian tips. Stay tuned for more Highlight Series events throughout the year.



NOTTING HILL RESIDENTS GATHER TOGETHER AFTER THE EVENT.



NOAH GALICIA PRACTICES HIS MONOLOGUE.

[SPEAKER SERIES: HOW TO FUND YOUR START-UP BUSINESS]

The 2nd edition of our Speaker Series featured an impressive panel of industry experts and business funders including Farid Haque, Kimberly Hurd, John Spindler and Rama Veeraragoo. Our speakers explored the steps to a start-up, funding your idea and how to select the right investors, with some networking opportunities after.



OUR PANNELISTS AT THE EVENT



RAMA VEERARAGOO GIVES ADVICE TO DAN CALABRESE



KIMBERLY HURD AND JOHN SPINDLER CRACK A SMILE

FEBRUARY EVENT CALENDAR

MONTHLY EVENTS

TUESDAY	THE KEYS TO FOOD DESIGN	After the success of our first cooking event, Andrea Zagatti will return to host a second session. He'll be showing us how to transform each meal into a delicious work of art. This session includes Q&A plus complimentary drinks.
10	 The Library 8pm	
THURSDAY	MAKE YOUR WARDROBE WORK	Lea Cranfield, the Head of Merchandising for Net-A-Porter and Mr Porter will be discussing how to scale down your wardrobe, key investment pieces and styling for special occasions like interviews, weddings and holidays.
12	 The Screening Room 5pm	
FRIDAY	BICESTER VILLAGE TRIP	This month we've arranged a day trip to Bicester Village luxury shopping outlets. Coaches will take you to and from the shopping village so all you need to worry about is what to buy. Speak to your Events Team for more information.
13	 Bicester Village 9am	
THURSDAY	CHINESE NEW YEAR	We'll be bringing in the year of the goat with a screening of the ceremony from China throughout the building followed by celebratory food, drink and karaoke. Upstairs on the 33rd floor we'll be hosting a Fusion party starting from 8pm.
19	 The Auditorium 4pm	
MON - FRI	KARAOKE OPENING	To announce the grand opening of our Karaoke Rooms, you're invited to enjoy the new rooms, free of charge, all week long. Complimentary food will be included and booking is required. Speak to your Events Team for more information.
19-28	 The Karaoke Rooms 6pm-1am	

WEEKLY EVENTS

		
TUE & THU	TUE & THU	MONDAYS
YOGA CLASS	FAT BURNING TRAINING	PUB NIGHT
8pm The Studio	6pm The Engine Room	7pm Notting Hill neighbourhood
WEDNESDAYS	WEDNESDAYS	WEDNESDAYS
SOCIAL NIGHT	MUSIC JAM NIGHT & SOCIAL	MOVIE NIGHT
8pm The Café on the 2nd floor	6.30pm The Lobby	7pm The Screening Room
SUNDAYS	THURSDAYS	SUNDAYS
MOVIE NIGHT	GAME SHOW NIGHT	ZUMBA CLASS
8pm The Screening Room	8pm The Screening Room	7pm The Screening Room



NIDO SKI TRIP

[ANDORRA]
from 4th to 12th April

Join us for the first annual ski trip to Andorra. We've chosen the beautiful mountaintops of Pas de la Casa for our Easter break ski and snowboarding trip.

BOOK NOW: www.booking.nucotravel.com/thenidocollection

For any further info email us on KXEventsTeam@NidoStudentLiving.com